Align-Pilates®

PROFESSIONAL PILATES APPARATUS

2022 RANGE

ABOUT ALIGN-PILATES

Align-Pilates was founded in 2010 with the objective of making commerical quality Pilates equipment more affordable outside North America, so that Pilates Studios could flourish in other parts of the world as they have there. Setting up your own successful Pilates Studio has always been an exciting prospect - Align-Pilates' mission is to make this a more viable and profitable prospect, whilst offering innovative, high performance, reliable equipment that you and your customers will love.

OUR EXPERIENCE

Align-Pilates has been producing its own apparatus for twelve years though sister brand, Pilates-Mad has been the UK's leading Pilates matwork equipment brand since 2001. With the extensive Pilates knowledge of its customers, Align-Pilates has created Europe's leading Pilates apparatus company. Align-Pilates is pleased to present its latest evolution of Pilates apparatus, which blends tried and tested reliability with rapid, customer led, design refinements.

OUR SERVICE IN THE UK

When it comes to service, we stand alone amongst the Pilates apparatus brands in the UK. We hold all of our products in stock, together with an extensive range of spares and accessories in our own warehouses. We offer a complete delivery and install service using our own staff and vehicles and we are open throughout the UK working week to handle your enquiries as and when they arise. These are simple things in themselves but take them away and it can play havoc with the smooth running of your Pilates business! Outside the UK, we appoint stocking Distributors so that you can receive a similar service wherever you buy from.

TRY OUR APPARATUS IN THE UK & IRELAND

With Pilates apparatus there is nothing like experiencing the equipment first hand and finding out what it is really like. We actively encourage visits to our showroom at our UK headquarters, which is open in normal office hours - please just let us know when you want to come! We also regularly run open days around the UK, to make it more convenient to try the equipment closer to home. Please follow the link on the back cover of the catalogue for the latest venue list. For those in Ireland we have a distributor showroom in Dublin.

TRY OUR APPARATUS OUTSIDE THE UK

Align-Pilates has a growing following around the world with Distributors in Australia, Bosnia, Chile, China, Croatia, Finland, France, Germany, Greece, Holland, Hong Kong, Hungary, Ireland, Israel, Italy, New Zealand, Romania, Saudi Arabia, Serbia, Slovakia, Slovenia, Spain, Thailand, with more being added all the time. Many of our Distributors have permanent showrooms where you can try the equipment. Please see the link on the back cover of the catalogue to find a Distributor or International trade show near you.

0% FINANCE AVAILABLE

Align-Pilates are pleased to offer UK customers 0% finance offers on all of our Pilates reformers, Studio apparatus, and smaller accessories. Therefore, there has never been a better time to open the Pilates Studio you have been dreaming of! Adding an extra piece of Pilates equipment you have been wanting, or upgrading your Studio is now even easier. Most importantly, with our interest-free credit, you can spread your repayment over 6, 12, or even 24 months giving you extra time when getting your Pilates business up and running!

0% CREDIT ELIGIBILITY

BELOW ARE THE REQUIREMENTS FOR OUR FINANCE OPTION:

- 0% finance is available to individuals only, not limited companies
- Minimum order: £250 for 6 months interest free or, £1,000 for 12 & 24 months interest-free
- Minimum deposit: 25% for 6 & 12 months, or 50% for 24 months interest-free credit
- Max. loan amount: £15,000 inc. VAT
- Interest free credit cannot be used in conjunction with any other offers unless indicated and is subject to approval

Studio Featured: Semprose Hill, Australia.

GET A QUOTE

Please call us on 01386 425923 or email us at sales@align-pilates.com so we can discuss your requirements and tailor a package to suit your business expansion plans.

CONTENTS

COMMERCIAL REFORMERS Page 4 - 17

HALF & FULL CADILLAC Page 18 - 19

HOME REFORMERS Page 20 - 21

LADDER BARREL & COMBO CHAIR Page 22

FUSE LADDER Page 23

BARRELS, BOXES & ARCS Page 24

REFORMER ACCESSORIES & SPARES Page 25-26

ACCESSORIES & SPARES Page 27

MATWORK ACCESSORIES Page 28 - 29

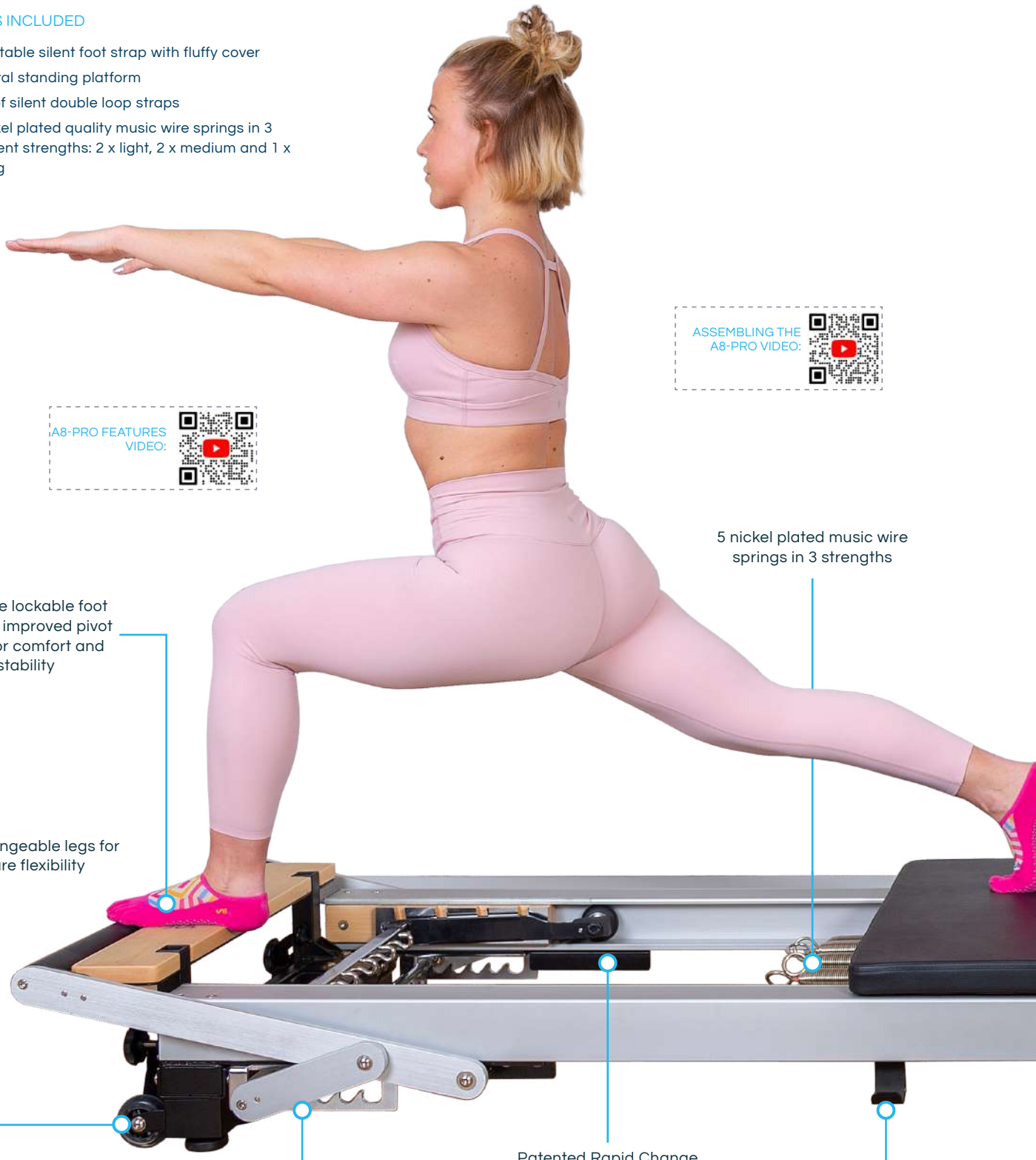
TAVI NOIR & TOESOX Page 30 - 31

A8-PRO REFORMER

The Align-Pilates A8-Pro Pilates Reformer is the updated version of our previous flagship commercial Pilates reformer, the A2RII. The A8-Pro has a completely new runner profile and runs on 8 PU wheels (rather than the 4 nylon wheels of the preceding A2 models). This new platform offers a quieter ride, improved handling of cross loading forces and reduced maintenance. The A8-Pro also features our new patented Rapid Change spring bar for the fastest spring bar adjustment on the market together with a host of other subtle improvements, to make the A8-Pro the new star in the Align-Pilates lineup! Offering refined performance, extensive adjustability, a luxurious oversize carriage and the longest travel of any standard Pilates reformer on the market. Now in it's fourth generation the A8-Pro is the result of over ten years of development. The A8-Pro can be built with a choice of 3 interchangeable leg heights, standard (42cm), low leg (28cm), or rehab legs (64cm), making the A8-Pro a truly future proof and versatile investment. The A8-Pro has been designed for both studio, rehab, and private use with the innovative design offering a host of easy adjustments to provide complete flexibility in use. The A8-Pro uses all the same accessories as the previous A2 models so that the A2 and A8 can easily coexist in the same studio, sharing Jump boards, Mattress inserts, Platform Extenders, Half Cadillacs etc.

WHAT'S INCLUDED

- Adjustable silent foot strap with fluffy cover
- Integral standing platform
- Pair of silent double loop straps
- 5 nickel plated quality music wire springs in 3 different strengths: 2 x light, 2 x medium and 1 x strong

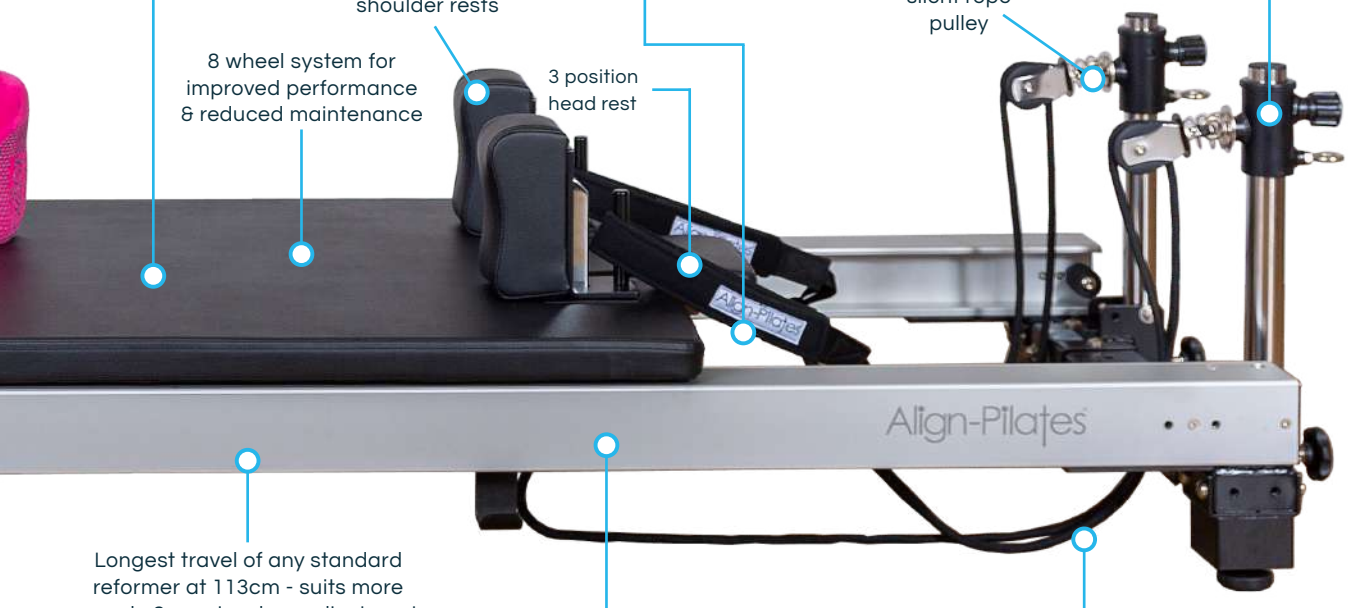


FEATURES

- Longest travel of any standard Pilates reformer at 113cm - suits more people and requires less adjustment
- Widest carriage on the market at 67cm for greater comfort
- 8 wheel system for improved performance and reduced maintenance
- A8-Pro Foot bar locks in 6 positions including flat
- Patent pending Rapid Change spring bar allows single handed adjustment of the spring bar without removing any springs - 4 positions (20cm of adjustment)
- Oversize lockable foot bar with improved pivot point for comfort and stability
- Pro rope adjusters allow you to adjust both ropes together to any length
- Silent system: patented silent pulleys, and metal free ropes and handles
- Hooks to hold a Gondola or Maple Pole under the runner (pole not included)
- Includes foot strap and fluffy
- Future proof - Choice of 3 interchangeable leg heights
- Convenient – Wheeled for easy moving and can be stacked
- Removable and lockable shoulder rests, with choice of widths, allow for a completely flat bed using the optional mattress converter
- Stainless rope risers for rapid adjustment of rope heights. Risers fold down for use with Half Cadillac. Risers feature an outward facing eyelet so springs can be attached for additional exercise possibilities
- Adjustable feet to ensure the reformer sits flat and runs true even on unlevel floors
- EN ISO 20957-1:2013 Class S item. Max User Weight 150kg.

AVAILABLE EXTRAS

- Gondola Maple Pole 60”
- Platform Extender
- 3 Leg Heights (28cm, 42cm, or 64cm)
- Jump Board
- Cardio Jump Dome
- Sitting Box
- Planking Handles
- Mattress Converter
- Neck Pillow
- Half Cadillac



A8-PRO REFORMER ACCESSORIES

ONE REFORMER, MANY POSSIBILITIES

Customise your A8-Pro with the optional additions of a Half Cadillac Tower, Jump Board, Mattress Converter, Platform Extender, Sitting Box, Gondola Pole, and the Cardio Jump Dome. Plus, you can change the working height of the reformer. Choose from low, standard, or high leg heights to suit your studio's and client's needs and change them should the need arise!

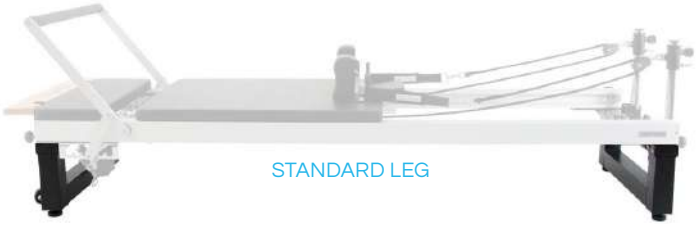
A*-SERIES CARDIO JUMP DOME

A*-SERIES JUMP BOARD

A*-SERIES PLATFORM EXTENDER

PRO SITTING BOX

LOW LEG



STANDARD LEG

REHAB LEG

CHANGE THE HEIGHT OF THE A8-PRO REFORMER ANY TIME WITH OPTIONAL LEG HEIGHTS

REFORMER LEGS	HEIGHT	CODE
LOW LEGS SET	28CM	PAPA2LEGSM
STANDARD LEGS SET	42CM	PAPA2LEGSTD
REHAB LEGS SET	64CM	PAPA2LEGREHAB

PLANKING HANDLES

GONDOLA MAPLE POLE 60"

HALF CADILLAC

A*-SERIES MATTRESS CONVERTER

NECK PILLOW

PRODUCT	DIMENSIONS	CODE
A8-PRO WITH LOW LEGS	257CM (L) X 75CM (W) X 28CM (H)	PAPREFORMERA8L
A8-PRO WITH STANDARD LEGS	257CM (L) X 75CM (W) X 42CM (H)	PAPREFORMERA8S
A8-PRO WITH REHAB LEGS	257CM (L) X 75CM (W) X 64CM (H)	PAPREFORMERA8R
A*-SERIES MATTRESS CONVERTER	118.5CM (L) X 67CM (W) X 5CM (D)	PAPMATA2
A*-SERIES PLATFORM EXTENDER	74CM (L) X 30CM (W) X 7CM (D)	PAPMATPLATA2R
A*-SERIES JUMP BOARD	65.5CM (L) X 60CM (W)	PAPJUMPA2
PLANK HANDLES	49CM(L) X 22(W)CM X 7.CM(D)	PAPPLANKH
A*-CARDIO JUMP DOME	60CM (DIA)	PAPJUMPDOME
A8-PRO HALF CADILLAC BUNDLE	VARIES BASED ON LEGS	PAPHALFCADSETA8S
PRO SITTING BOX	70CM X 40CM X 28CM	PAPBOX
GONDOLA POLE	125.4CM(L) X 3CM (DIA)	PAPPOLE60
NECK PILLOW	27CM (L) X 15CM (W)	PAPNECKPAD

A8-PRO REFORMER

A8-PRO REFORMER WITH STANDARD LEGS, A*-SERIES JUMP BOARD
& MAPLE GONDOLA POLE

C8-PRO REFORMER

The C8-Pro is our best-selling reformer and the ultimate C-Series reformer, featuring an oversize aluminium profile and foot bar and 8 PU wheel carriage system for the quietest and lowest maintenance ride available. Like all Align-Pilates commercial reformers the C8-Pro features our new patented Rapid Change (RC) spring bar for the easiest and quickest adjustment on the market.

Many Pilates professionals choose their reformer based on the ride characteristics and the biggest determinant of that is the number and type of wheels. The number and material of the wheels determine the resistance of the carriage, the sound the machine makes, the handling of cross loading and the amount of maintenance required for optimal performance. The C8 uses 8 'roller blade style' wheels which are designed to give a quieter and softer ride with slightly greater rolling resistance when compared to the more ice glide ride offered by the harder nylon wheels used in a 4 wheel system like on the C2-Pro RC, where the wheels run in a matched aluminium profile. Which is better is a matter of preference for the user/s, though for many this will be a key determinant of which machine they buy and chances are; many will prefer the ride style they are more familiar with or, trained on!

The C8-Pro's Rapid Change spring bar radically alters the ease and speed of adjusting your reformer, which is particularly beneficial for those running group classes; where the C8-Pro really excels. The spring bar can be adjusted with the springs attached, with one hand in a single action, saving up to 12 additional actions when compared with most standard spring bars!

The C8-Pro is stackable and can free-stand, either with the optional free standing feet or, if leg extensions are fitted, which raise the bed height to 44cm versus the 26cm bed height of the standard machine. Like earlier models in the C-Series, this reformer can accept either a Full or a Half Cadillac frame making it the most versatile reformer in its class, whilst being extremely competitively priced.

The C8-Pro Reformer shares all the accessories such as mat converter, standing platform, Half Cadillac with the C2-Pro RC and earlier C-Series reformers, meaning it sits perfectly alongside other C-Series machines. Furthermore many components from the C8-Pro, such as the Half Cadillac frame are also cross-compatible with A-Series machines, giving you additional possibilities and flexibility as your studio grows.

C8-PRO FEATURES VIDEO:

COMMERCIAL REFORMERS

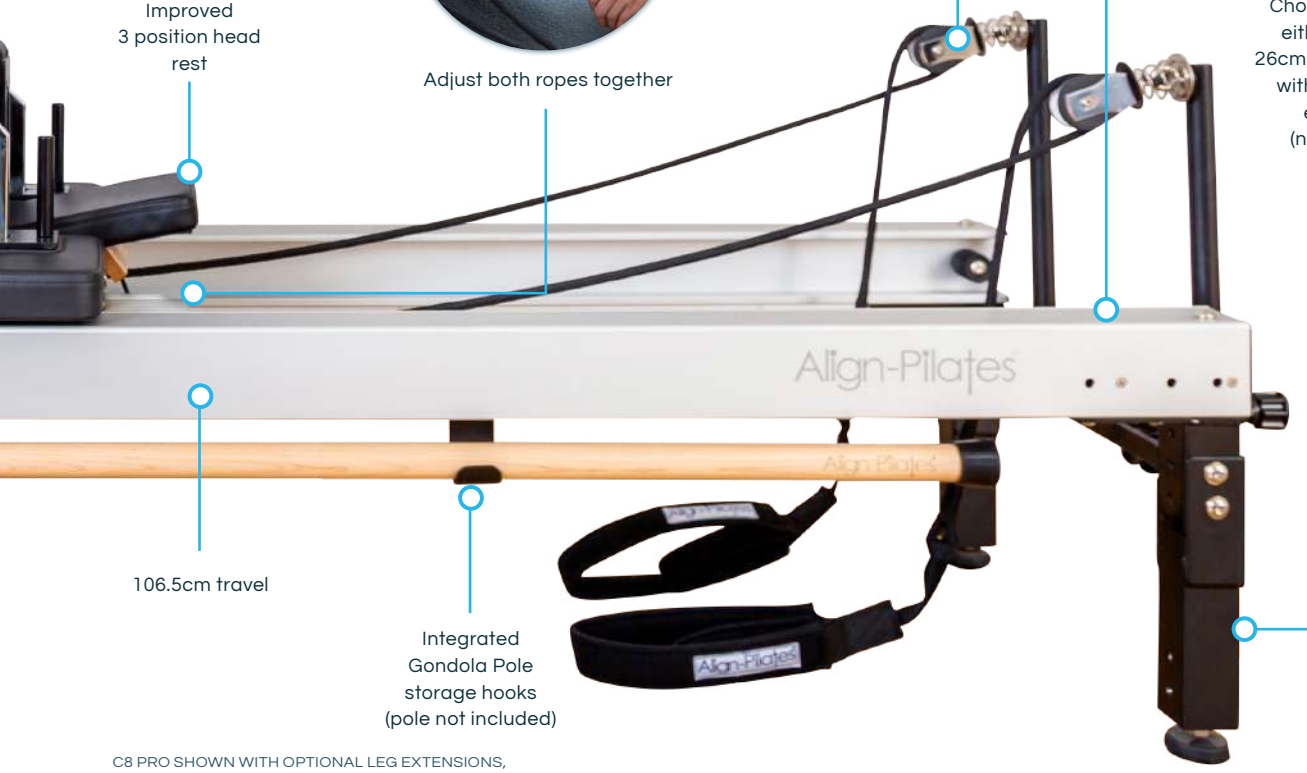
FEATURES

- Patented Rapid Change spring bar for the fastest spring bar changes available, using one hand and a single action
- Class-leading travel - 106.5cm
- Large and comfortable carriage 92cm x 58cm
- Oversized foot bar & lowered pivot point for extra solid feel
- Resistance: 5 nickel plated quality music wire springs in 3 different strengths (2 x light, 2 x medium and 1 x strong)
- Choice of heights, either standard 26cm height or 44cm with optional leg extensions
- Lockable foot bar with 4 positions, including flat
- Removable rope risers with 7 height positions (if extension legs are used)
- Pro Rope Adjusters - easily adjust both ropes together
- Height adjustable feet for perfect alignment
- Align-Pilates 'Silent' system with metal-free double loop handles, ropes & foot strap and now patented silent pulleys for a super quiet user experience
- Improved 3 position headrest
- Removable & lockable shoulder rests with new off-centered shoulder pads to give a choice of two different widths
- Space-saving – The C8-Pro can be wheeled for ease of movement and storage. It can also be stacked or "free stand" when used with the optional free standing legs or leg extensions
- Improved anodized aluminium runners with a 8 PU wheel carriage for super quiet and maintenance free ride
- New Gondola Pole storage hooks underneath the runner for convenient access and a tidier studio! Note: Maple Pole sold separately
- Max. user weight: 150kg. Suitable for users: 145cm - 193cm (4'10" - 6'4"). ISO20957-1 Class S Item.

AVAILABLE EXTRAS

- Gondola Maple Pole 60"
- Platform Extender
- Leg Extensions (raise bed to 44cm)
- Freestanding Legs
- Jump Board
- Frame Sitting Box
- Sitting Box
- Planking Handles
- Mattress Convertor
- Neck Pillow
- Half Cadillac
- Full Cadillac

ASSEMBLING THE C8-PRO VIDEO:



C8 PRO SHOWN WITH OPTIONAL LEG EXTENSIONS, FRAME SITTING BOX & GONDOLA POLE

C8-S REFORMER

New for Summer 2022 comes the C8-S. Whereas the bestselling C8-Pro was optimised for maximum performance, adaptability and ease of maintenance, the C8-S seeks to repackage this proven design into a sleeker and more stylish machine. The C8-S focuses on clean flowing lines achieved by bringing the standing platform and rope risers within the frame and simplifying the legs. The C8-S is particularly aimed at the group reformer studio and the more style-oriented home studio.

The C8-S is operationally almost exactly the same as the C8-Pro, using the same carriage, runner profile, running gear and adjustment systems so you can expect the same smooth and silent user experience. For owners of existing C Series the C8-S also uses the same Jump Board, Mattress inserts and Platform Extender. The C8-S comes in a standard height of 26cm which can be raised to 42cm with its optional almost seemless leg extensions.

In order to preserve the clean look the C8-S frame and legs are not prepared to take a Full or Half Cadillac frame like the C8-Pro, but for those wishing to use a Half Cadillac the C8-S can be used with our wall mounted half Cadillac, which actually offers a superior experience, as there will be no clanking half cadillac springs (or need to remove these) when using the Jump Board! In a studio setting this wall mounted Half Cadillac also means that the reformer and Half Cadillac can be separated to create two workstations, rather than just having the one.

The differences between the C8-S and the C8-Pro are: 1.5cm less carriage travel (but still an excellent 105cm); very similar but fractionally different foot bar positions; white frame, runners and legs; different leg extensions and the inability to have Full or Half Cadillac attached. On the plus side it looks great and functions beautifully!

NEW MODEL FOR 2022

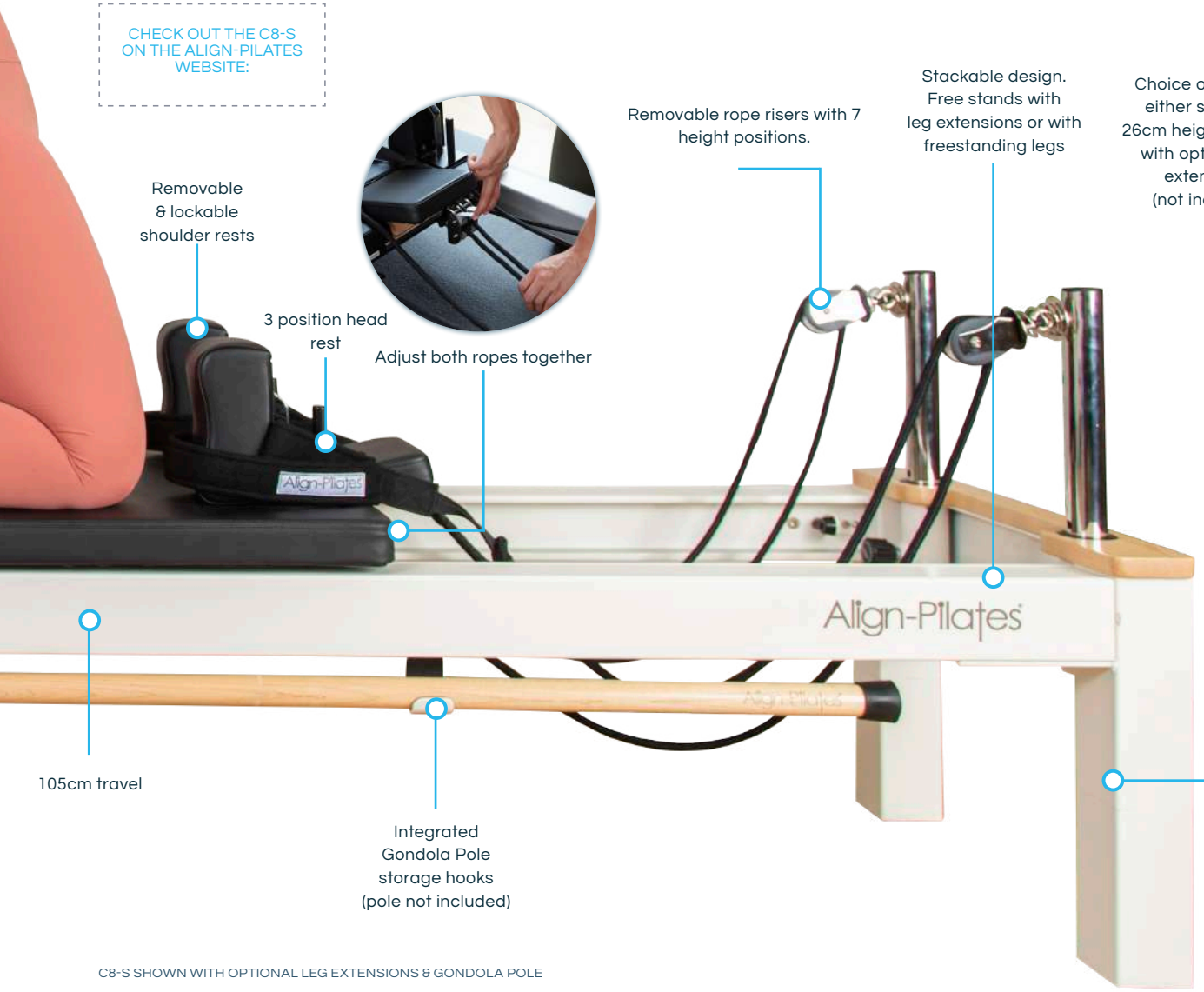
FEATURES

- Patent-pending Rapid Change spring bar for the fastest spring bar changes available, using one hand and a single action
- 105cm of smooth and quiet travel
- Large and comfortable carriage 92cm x 58cm
- Oversized foot bar & lowered pivot point for extra solid feel
- Resistance: 5 nickel plated quality music wire springs in 3 different strengths (2 x light, 2 x medium and 1 x strong)
- Choice of heights, either standard 26cm height or 44cm with optional C8-S leg extensions
- Lockable foot bar with 4 positions, including flat
- Removable rope risers with 7 height positions (if extension legs are used)
- Pro Rope Adjusters – adjust both ropes together
- Concealed height adjustable feet for perfect alignment
- Align-Pilates 'Silent' system with metal-free double loop handles, ropes & foot strap and now patented silent pulleys for a super quiet user experience
- Improved 3 position headrest
- Removable & lockable shoulder rests with new off-centered shoulder pads to give a choice of two different widths
- Space-saving – The C8-S can be wheeled for ease of movement and storage. It can "free stand" when used with the optional leg extensions.
- Stylish white aluminium runners and frame ends with a 8 PU wheel carriage for super quiet and maintenance free ride
- Gondola Pole storage hooks underneath the runner for convenient access and a tidier studio! Note: Maple Pole sold separately
- Max. user weight: 150kg. Suitable for users: 145cm - 193cm (4'10" - 6'4"). ISO20957-1 Class S Item.

AVAILABLE EXTRAS

- Gondola Maple Pole 60"
- Platform Extender
- Leg Extensions (raise bed to 42cm)
- Jump Board
- Frame Sitting Box
- Sitting Box
- Planking Handles
- Mattress Converter
- Neck Pillow

CHECK OUT THE C8-S ON THE ALIGN-PILATES WEBSITE:



C8-S SHOWN WITH OPTIONAL LEG EXTENSIONS & GONDOLA POLE

C2-PRO RC REFORMER

The C2-Pro RC is the fifth generation of our extremely popular C-Series reformer. This model builds on the excellent reputation of our best-selling C2-Pro Reformer, with the introduction of our new patent pending Rapid Change (RC) spring bar, together with a host of refinements to enhance the machines excellent Studio credentials.

The Rapid Change spring bar, radically alters the ease and speed of adjusting your reformer, which is particularly beneficial in the group class environment, where the C2-Pro RC excels. The spring bar can be adjusted, with springs attached, with one hand in a single action saving up to 12 additional actions compared with most standard reformers!

The C2-Pro RC is stackable and can free-stand, either with the optional new freestanding feet or, if leg extensions are fitted, which in turn raise the bed height to 42cm versus the 24cm bed height of the standard machine. Like earlier Pro models in the C-Series, this reformer can accept either a Full or a Half Cadillac frame making this the most versatile reformer in its class, whilst offering unparalleled value for money.

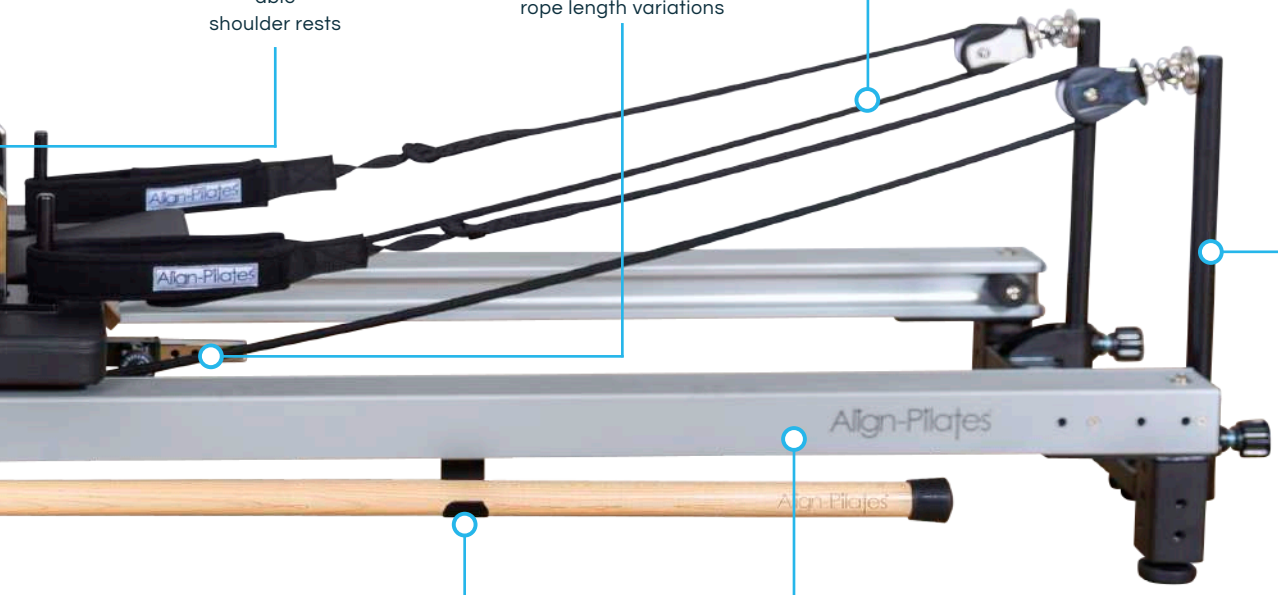
FEATURES

- Patent pending Rapid Change spring bar for the fastest spring bar changes available, using one hand and a single action
- Class-leading travel - 106.5cm
- Large and comfortable carriage 92cm x 58cm
- Resistance: 5 nickel plated quality music wire springs in 3 different strengths (2 x light, 2 x medium and 1 x strong)
- Choice of heights, either standard 24cm height or 42cm with optional leg extensions
- Lockable foot bar with 4 positions including flat
- Removable rope risers with 7 height positions (if extension legs are used)
- Rapid rope length adjustment system that adjusts both ropes simultaneously, with 7 rope length variations
- Height adjustable feet for perfect alignment
- Align-Pilates 'Silent' system with metal-free double loop handles, ropes and foot straps. Plus our patented silent pulleys for a super quiet user experience.
- Improved 3 position headrest
- Removable and lockable shoulder rest with new off centred shoulder pads to give a choice of two widths
- Space-saving – The C2-Pro can be wheeled for ease of movement and storage, it can be stacked and can "free stand" when selected with either the optional free standing feet or the extension leg option.
- Improved anodized aluminium runners with a self-centering carriage for a smooth ultra low resistance ride
- New Gondola Pole storage hooks underneath the runner for convenient access and a tidier studio! Note: Maple Pole sold separately
- Self-lubricating German engineered plastic wheels for a smoother quieter ride and reduced maintenance
- ISO20957-1 Class S Item. Max user weight: 150kg. Suitable for users:145cm - 193cm (4'10" - 6'4").

AVAILABLE EXTRAS

- Gondola Maple Pole 60"
- Platform Extender
- Freestanding Legs
- Leg Extensions (raise bed to 42cm)
- Jump Board
- Frame Sitting Box
- Sitting Box
- Planking Handles
- Mattress Converter
- Neck Pillow
- Half Cadillac
- Full Cadillac

C2-PRO RC FEATURES VIDEO:

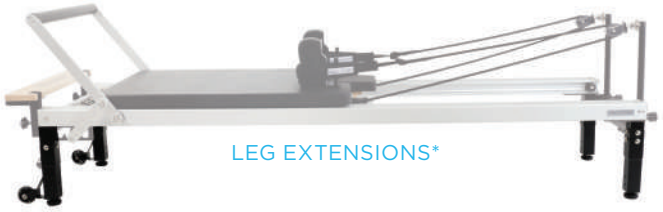


C2 PRO RC SHOWN WITH OPTIONAL GONDOLA POLE

C-SERIES REFORMER ACCESSORIES

The C1-Pro, C2* and C8-Pro reformers share the same accessories and can easily adapt to your teaching requirements! Available with or without leg extensions, they can free-stand or be stacked, and can accept either Half or Full Cadillac frames, giving you the most flexibility on how you wish to work with your clients and your studio space. C-Series reformers ship 90% assembled and ready for use. For further information about our Half or Full Cadillac, please see pages 18 and 19. The C8-S also shares these accessroies with the exception of the leg extensions and full anf half cadillac frames.

STANDARD LEG (AS SUPPLIED)



LEG EXTENSIONS*

CHANGE THE HEIGHT OF THE C*-PRO REFORMER ANYTIME WITH OPTIONAL LEG EXTENSIONS!

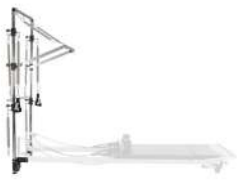
FREE STANDING*

C*-SERIES JUMP BOARD

C*-PLATFORM EXTENDER

STACKABLE*

FULL CADILLAC*



HALF CADILLAC*

C-SERIES MATTRESS CONVERTER

FREESTANDING LEGS*

FRAME SITTING BOX

PRO SITTING BOX

PLANK HANDLES

PRODUCT	DIMENSIONS	CODE
C8-PRO REFORMER	235 (L) X 66 (W) CM X 24CM (H)	PAPREFORMERC8
C2-PRO RC REFORMER	235 (L) X 66 (W) CM X 24CM (H)	PAPREFORMERC2RC
C8-S REFORMER	239 (L) X 66 (W) CM X 26CM (H)	PAPREFOMERC8S
C8-S LEG EXTENSIONS (C8-S ONLY)	RAISES BED TO 44CM	PAPC8SLEGS
C-SERIES LEG EXTENSIONS	RAISES BED TO 42CM HIGH	PAPC1RPLEGS
C-SERIES PLATFORM EXTENDER	68CM (L) X 26CM (W) X 5CM (D)	PAPMATC1PE
C-SERIES MATTRESS CONVERTER	104.5CM (L) X 60CM (W) X 8.7CM (D)	PAPMATC1MC
C-SERIES JUMP BOARD	52CM (L) X 58CM (W)	PAPJUMPC1
PRO SITTING BOX	70CM (L) X 40CM (W) X 28CM (H) [9KG]	PAPBOX
PLANK HANDLES	49CM (L) X 22CM (W) X 7.5CM (D)	PAPPLANKH
FRAME SITTING BOX	38CM (L) X 66CM (W) X 25CM (H)	PAPBOXM

PLEASE SEE VISIT OUR WEBSITE FOR THE FULL CADILLAC, HALF CADILLAC OR STUDIO BUNDLE PRICES.

*NOT COMPATIBLE WITH C1 REFORMER OR C8-S

C8-S SHOWN WITH LEG EXTENSIONS & MAPLE GODOLA POLE

M8-PRO REFORMER

The Align-Pilates M8-Pro Pilates Reformer is crafted from solid North American maple and is designed to marry traditional styling with contemporary functionality. The M8-Pro offers refined performance, whilst offering extensive adjustability, a luxurious oversize carriage and 104cm travel of smooth and silent travel! The M8-Pro has been designed for studio, rehab or private use, with the innovative design offering a host of easy adjustments to provide complete flexibility in use. The M8-Pro uses our patented Rapid Change (RC) spring bar, so that the spring bar can be adjusted with the springs attached with one hand, without need to move a separate carriage stopper.

The reformer comes complete with a removable maple standing platform, and now features storage hooks for a Gondola Pole and removable off centred shoulder rests for a choice of shoulder width positions. An upholstered jump board is also available, which is interchangeable with the standing platform and the M8-Pro can accept a Half Cadillac, converting into a completely flat bed with a two-part Platform Extender / Mattress Converter.

FEATURES

- Patented Rapid Change 4 position spring bar for fast spring bar changes, using one hand and a single action
- 104cm of smooth silent travel from the 8 PU wheel system
- North American Solid Maple Frame
- 3 position head rest
- Locking foot bar with 4 positions including completely flat
- Quick and safe simultaneous rope adjustment system with our combined T bar and Pro Rope Adjusters
- Patented silent pulleys with silent design ropes and double loop handles
- Silent foot strap with fluffy
- 150kg maximum user weight

WHAT'S INCLUDED

Adjustable silent foot strap with fluffy, removable maple standing platform, pair silent double loop straps, 5 nickel plated quality music wire springs in 3 different strengths: 2 x light, 2 x medium and 1 x strong.

OPTIONAL EXTRAS

Complete your M8-Pro with a selection of optional extras which include: Half Cadillac, Mattress Converter, Jump Board, Platform Extender, and Neck Pillow (examples shown on this page.

JUMP BOARD

CODE: PAPJUMPM2P

PLATFORM EXTENDER

CODE: PAPMATPLATM2P

M*-SERIES HALF CADILLAC BRACKETS

CODE: PAPM2PHALFCADBKT

MAPLE GONDOLA POLE

CODE: PAPPOLE60

NECK PILLOW

CODE: PAPNECKPAD

MATTRESS CONVERTER

CODE: PAPMATM2P

HALF CADILLAC

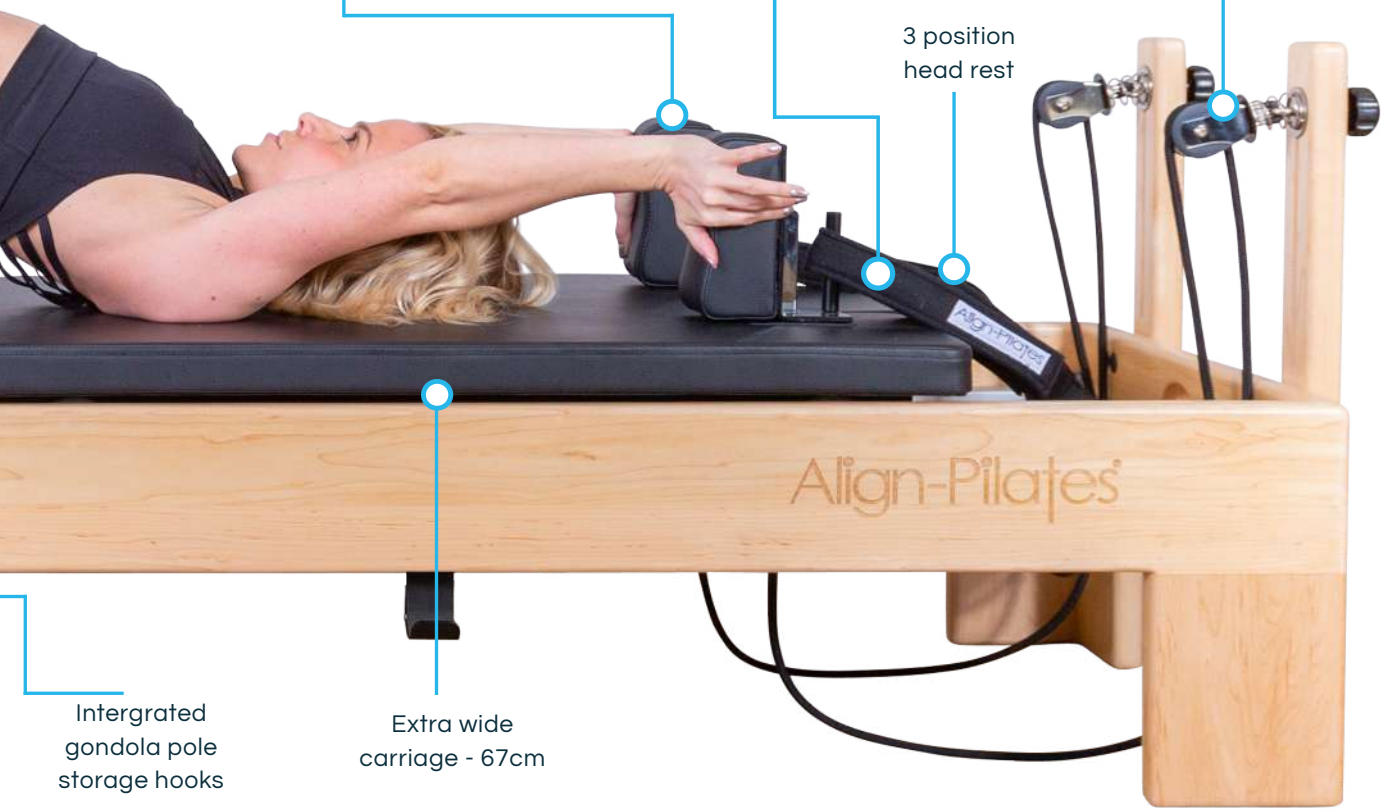
CODE: PAPHALFCADA2

NOW WITH RAPID CHANGE SPRING BAR

M8-PRO FEATURES VIDEO:

M8-PRO

REFORMER	DIMENSIONS	CODE
M8-PRO	249 X 76CM	PAPREFORMERM8P



HALF CADILLAC

Our Half Cadillac tower is compatible with the A-Series, C2/C8 Pro, M2/M8 PRO Reformers and the Wall Unit adapter. This unit allows you to perform the majority of the repertoire of the Cadillac / Trapeze table on your reformer and can be bought with a reformer as a bundle or added at a later date! The Half Cadillac tower works with all leg height options.

WHAT'S INCLUDED:

Stainless Steel frame, Maple roll down bar, improved aluminum push through bar with rapid adjust height changers, quick release safety strap, 1 pair of foot straps, 1 pair of handles and 2 pairs of rapid adjust, double eyelet, spring holders. Note: Brackets to attach to reformer or wall mount (sold separately).

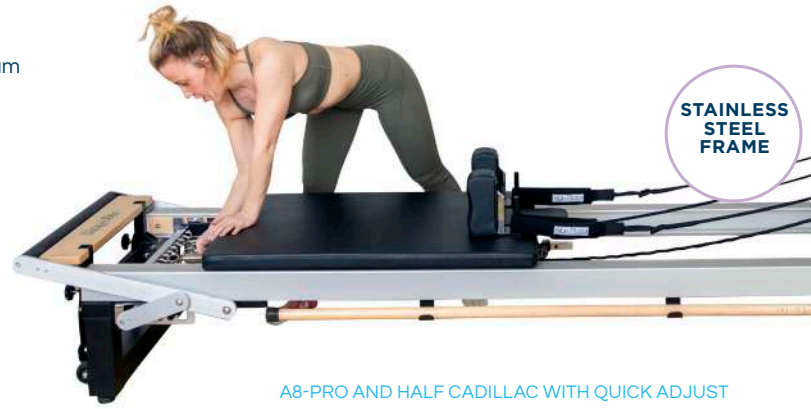
SPRING PACKAGE:

Quality nickel plated music wire springs:

- 2 x 47cm Very Light & 2 x 47cm Medium
- 2 x 64cm Light & 2 x 64cm Medium
- 8 Aluminium Carabiners
- 8 double dog clips

A8 Pro Low Leg Height:	199cm
A8 Pro Std Leg Height:	213cm
A8 Pro Rehab Leg Height:	235cm
C*-Pro Low Leg Height:	208cm
C*-Pro Std Leg Height:	212cm
M8-Pro Height:	213cm

*Half Cadillac is not compatible with the C8-S Reformer



A8-PRO AND HALF CADILLAC WITH QUICK ADJUST SLIDING EYELETS & HEIGHT ADJUSTABLE SWING THROUGH BAR

ITEM	HEIGHT FROM FLOOR	CODE
A* PRO, C* PRO & M* PRO HALF CADILLAC TOWER ONLY	189CM	PAPHALFCADA2
A*-PRO HALF CADILLAC BRACKET ADAPTER	-	PAPA2HALFCADBKT
C*-PRO HALF CADILLAC BRACKET ADAPTER	-	PAPC1PROHCADBKT
M8-PRO HALF CADILLAC BRACKET ADAPTER	-	PAPM2PHALFCADBKT

HALF CADILLAC WALL UNIT ADAPTER

Convert your A2 Half Cadillac with the Adapter Bracket so it can attach to a wall! Use as a standalone work station or, with a reformer butted up against it. Limited assembly required. Fixings to attach the unit to the wall are not included as these are wall dependent. This improved design does not require attachment to the floor and is ideal for use with the C8-S reformer.

WARNING:

This unit is only suitable for attachment to solid walls & cannot be used on stud walls.

DIMENSIONS

190cm (H) x 78cm (W) x 63cm (D)

Wall Mounted Half Cadillac Set installation at Queens St Pilates Studio - Australia. Supplied by our Australian distributors, Pilates Reformers Australia.

ITEM	CODE
HALF CADILLAC WALL BRACKET ADAPTER ONLY (CONVERSION KIT)	PAPHALFADAPTA2
A2 HALF CADILLAC INCL ADAPTER	PAPHALFCADA2WALLSET

A2 FULL CADILLAC

The A2 Cadillac, features an aluminium base frame with full stainless steel upper frame, which takes the best features from our class leading half cadillac to make the ultimate Full Cadillac. The oversize bed (78cm x 206cm) makes for a more spacious working area, whilst the ease of adjustment and multiple anchor points facilitate numerous exercises.

The full stainless steel upper frame is superior to standard chromed steel frames, ensuring a long and corrosion free life. The Cadillac is supplied complete with all the required accessories so there are no expensive add on purchases required.

FEATURES

- Aluminium frame with steel legs and height adjustable feet
- Full stainless upper frame
- Sliding horizontal and vertical cross bars
- Trapeze with adjustable sling and padded spring covers
- Maple roll down bar and one pair of fuzzies
- Rapid adjust (5 position) aluminium swing through bar with quick release safety strap
- 64cm bed height matches the combo chair height for additional exercise possibilities
- Bonus removable foot board and fold down head rest - worth over £100!

Assembly: Leg and frame assembly required, or request our delivery and assembly option.

C2-PRO RC WITH FULL CADILLAC FRAME

SPRING PACKAGE

Includes 12 finest music wire springs:

- 2 x Standard Very Light
- 2 x Standard Light
- 2 x Standard Medium
- 2 x Standard Very Strong (for Trapeze)
- 2 x Long Long Medium
- 2 x Long Strong

REFORMER OPTION NOW AVAILABLE:

The modular system from Align-Pilates means you can truly future-proof your Pilates studio with the A2 Cadilliac. The A2 Cadillac frame will fit onto C2-Pro and C8-Pro reformers, perfect if you have a smaller size studio or if you're looking to add a Full Cadillac to your studio, without having to purchase another piece of large Pilates apparatus!

ITEM	DIMENSIONS	CODE
A2 CADILLAC BASE FRAME ONLY	-	PAPCADILLACA2F
A2/C SERIES UPPER FRAME EXC. BRACKET	-	PAPC1PROFCAD
A2 FULL CADILLAC BUNDLE [PICTURED]	216CM (L) X 78CM (W) X 216CM (H)	PAPCADA2FULLFRAME
C2-PRO FULL CADILLAC BRACKET	-	PAPC1PROFCADBKT
C2-PRO FULL CADILLAC BUNDLE [PICTURED]	216CM (L) X 78CM (W) X 216CM (H)	PAPC2PFULLCAD

F3 FOLDING REFORMER

New for 2022 comes the F3 Folding Pilates Reformer, this takes the world's most popular folding reformer, the F2 Reformer, to new heights with a completely revised carriage and the introduction of aluminium runners for an even smoother ride. The F3's innovative carriage never crosses the folding join so in use you cannot even tell you are using a folding reformer, whilst the new aluminium runners offer reduced weight, a smoother ride and 2cm of extra travel, which is now 97cm.

The F series was developed to bring the benefits of a Pilates Reformer workout in to your home, without the need to have a space dedicated to your Pilates workout. Featuring the same springs as our professional reformers the F3 offers smooth and progressive resistance and a range of adjustments to fine tune the machine for your workout. The Align-Pilates F3 Folding Pilates Reformer folds up in a matter of minutes into a compact and self-contained machine that can be easily wheeled around and stored safely out of the way. To see how easy and quickly you can set up the F3 please see the video below

FEATURES

- Travel - 97cm (up from 95cm on the F2)
- Resistance - 4 nickel plated music wire springs (1 medium, 2 strong and 1 light)
- Foot bar positions: 4 including plus down
- Double loop handles with "silent" metal free connectors for a quieter workout
- 3 position head rest
- Aluminium runners with 8 wheel design for smooth jam free travel
- Fixed shoulder rests with choice of 2 widths
- Locks open and closed and can be wheeled in either state
- Adjustable feet to ensure your reformer sits flat and can run smoothly

Please note: Not warranted for commercial use. 2 year frame warranty.

DIMENSIONS

- Dimensions when unfolded - 242cm (L) x 70cm (W) x 23cm (H)
- Dimensions when folded - 143.5cm (H) x 70cm (W) x 34.5cm (D)
- Carriage size - 89cm (L) x 58cm (W)
- Carriage height - 22cm
- Weight - 58kg

F3 ASSEMBLY VIDEO

OPTIONAL ACCESSORIES

The Align-Pilates F3 Folding Pilates Reformer is compatible with:

- Sitting Box & Foot Strap
- C* Jump Board (suitable for use with all C/H/F series reformers)
- Planking Handles
- Neck Pillow

WE RECOMMEND THAT THE F3 REFORMER IS OPENED AND CLOSED BY TWO PEOPLE. HOWEVER, THIS CAN BE DONE BY A SINGLE PERSON WITH RELATIVE EASE, AS THE LIFTING WEIGHT IS SIMILAR TO LIFTING A HEAVY SUITCASE.

FEATURES OF THE F3

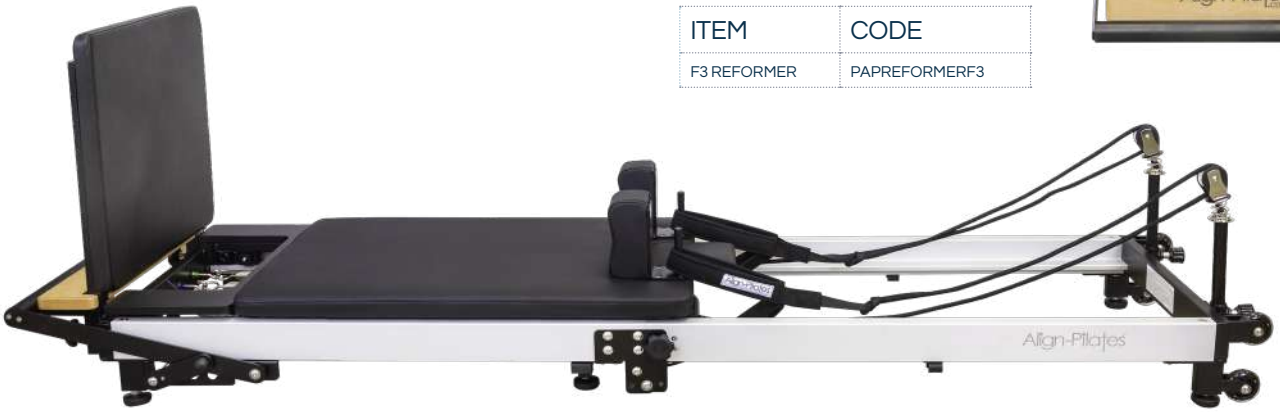
NEW MODEL FOR 2022

FRAME SITTING BOX (PRE-BUILT)

CODE: PAPBOXMBUILT

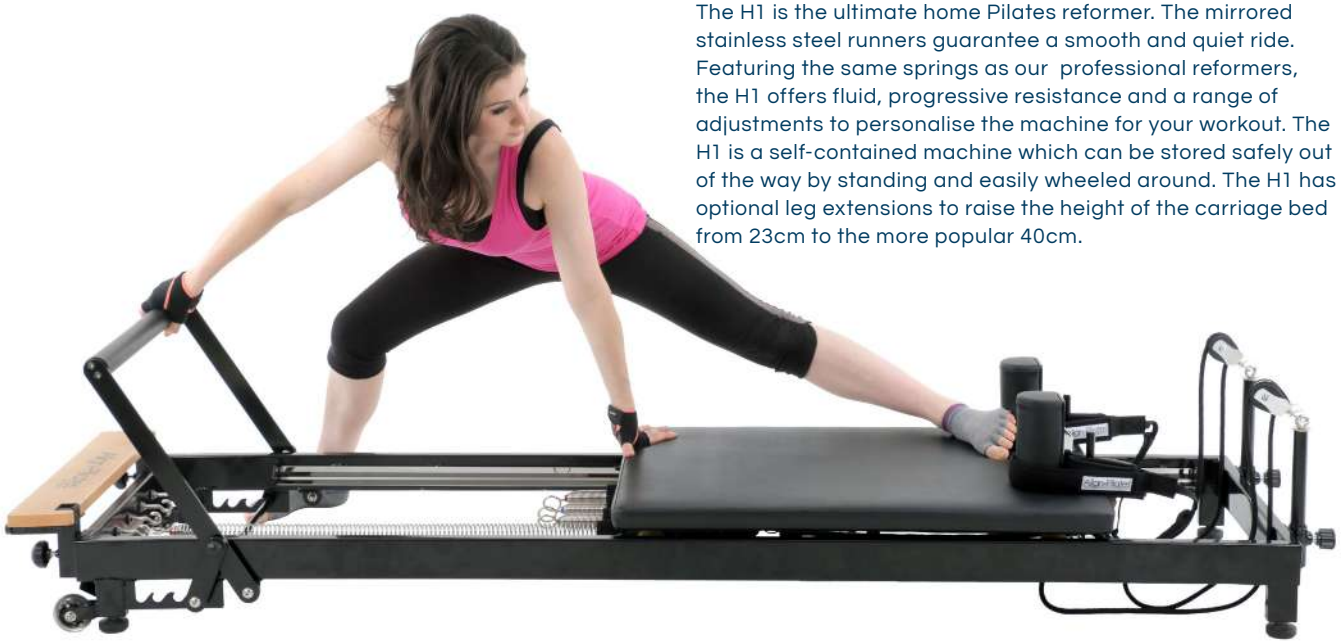
(also see page 21)

ITEM	CODE
F3 REFORMER	PAPREFORMERF3



F3 SHOWN WITH JUMP BOARD. JUMP BOARD SOLD SEPERATLEY

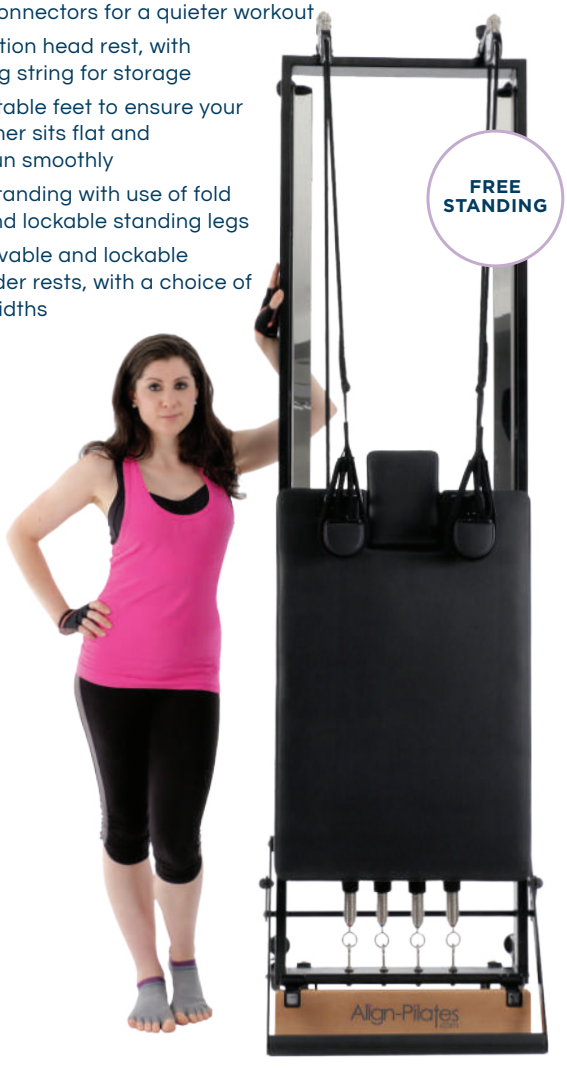
H1 REFORMER



The H1 is the ultimate home Pilates reformer. The mirrored stainless steel runners guarantee a smooth and quiet ride. Featuring the same springs as our professional reformers, the H1 offers fluid, progressive resistance and a range of adjustments to personalise the machine for your workout. The H1 is a self-contained machine which can be stored safely out of the way by standing and easily wheeled around. The H1 has optional leg extensions to raise the height of the carriage bed from 23cm to the more popular 40cm.

FEATURES

- Travel: 96cm
- Resistance: Classic style 4 Nickel plated music wire springs set-up (2 x medium, 1 x strong and 1 x light)
- Foot bar positions: 4 including down
- Removable rope risers with 3 height options & 4 easy rope length adjustments
- Double loop handles with "silent" metal free connectors for a quieter workout
- 3 position head rest, with locking string for storage
- Adjustable feet to ensure your reformer sits flat and can run smoothly
- Freestanding with use of fold out and lockable standing legs
- Removable and lockable shoulder rests, with a choice of two widths



DIMENSIONS

- Size (maximums): 247cm (L) x 70cm (W) x 47cm (H)
- Standing height for storage: 235cm
- Carriage size: 89cm (L) x 58cm (W)
- Carriage bed height with low legs: 23cm
- Extended carriage bed height with leg extensions: 40cm
- Weight: 50kg
- Max. user weight: 120kg
- Suitable for users: 145cm – 193cm (4'10 – 6'4")
- ISO20957-1 Class H Item

Please note: Not warranted for commercial use. 2 year frame warranty.

H1 ASSEMBLY VIDEO

H1 FEATURES VIDEO

OPTIONAL ACCESSORIES

The H1 is compatible with the C-Series Jump Board, Neck Pillow, Plank Handles, Platform extender and Frame Sitting Box which is the perfect size to compliment the H1 carriage. A 'silent' foot strap is also available for use with the sitting box. Increase the height of your H1 reformer with optional leg extensions which raise the bed of the reformer to 40cm high.

ITEM	CODE
H1 REFORMER	PAPREFORMERH1
H1 LEG EXTENSIONS	PAPH1LEGS
C SERIES JUMP BOARD	PAPJUMPC1
PLATFORM EXTENDER	PAPMATPLATH1
NECK PILLOW	PAPNECKPAD
PLANKING HANDLES	PAPPLANKH
FRAME SITTING BOX	PAPBOXM
SILENT FOOT STRAP	PAPFOOTSTRAP

RC LADDER BARREL

The Rapid Change (RC) Ladder Barrel is designed to offer fast adjustment of the barrel to make it quicker and easier to set the barrel up correctly for different sized users or, exercises. To adjust the barrel simply open the two quick release cam levers, slide the barrel in or out and close the levers! Like its predecessor, the RC Ladder Barrel offers industry leading levels of adjustment with 31cm of adjustability, in addition the apparatus comes complete with 2 padded standing boards (often sold separately for around £100) which makes it easy to get the perfect set up for all heights of people. The RC Ladder barrel arc and dimensions have been revised and now closely match classical proportions.

FEATURES

- Super strong powder coated steel frame for added strength, durability and stability
- Solid North American Maple ladder rungs
- Adjustable feet ensure smooth adjustment of the barrel
- Two Padded standing boards worth over £100!
- Padded zip on rung wrap

RC LADDER BARREL ASSEMBLY:

DIMENSIONS	TYPE	CODE
105CM (H) X 90CM (W) X 125CM (L)	FLATPACK	PAPLADDERRC
105CM (H) X 90CM (W) X 125CM (L)	PRE-BUILT	PAPLADDERRCBUILD

COMBO CHAIR III

The Combo Chair III is latest iteration of Align-Pilates' popular wunda chair! Though looking similar to its predecessor, the Combo Chair III features a number of significant enhancements to refine the smoothness and quietness of operation, taking this chair to new levels. The new features include a new pedal locking mechanism, revised pedal axle with roller bearings, new rubber coated silent spring hooks and chromed spring tree for improved durability.

COMBO CHAIR ASSEMBLY:

- Tried and tested 4 spring system with 4 positions for each spring and 2 spring strengths to provide a wide range of resistance
- Modern looking cut out sides for easy spring change access when the chair is against a wall
- Eyelets to attach resistance bands or tubes add arm repertoire
- You can even use covered springs for one to one work
- Optional Chair back insert – help develop perfect posture – you can now insert an A* jump board to provide a chair back for scapular support work
- Removable handles adjust easily via a single 'twist and pull' knob and offer a height range from 115 to 145cm
- Split pedals which are easily joined or separated using a redesigned locking slider underneath the pedals
- Easy rolling wheels allow for easy movement of the apparatus

FEATURES

- Maple veneered marine ply on steel frame for excellent structural strength
- Rattle free handles with easy and secure adjustment
- Large rubber feet prevent trapping fingers under the pedals
- Single or split pedal functionality
- Seat height matches that of the Cadillac and A8 rehab reformer. Handles can be used in the reformer Jump Board slots for added exercise options.
- Independently CE tested (EN ISO20957-1) by V-Trust Laboratories (see full report here)
- CE Test – Attestation of Conformity (view here)

SPRINGS PACKAGE

- 2 x strong finest nickel plated music wire springs
- 2 x extra strong finest nickel plated music wire springs

DIMENSIONS	TYPE	CODE
64CM (H) X 55CM (W) X 82.5CM (D)	FLATPACK	PAPCHAIR3
64CM (H) X 55CM (W) X 82.5CM (D)	PRE-BUILT	PAPCHAIR3BUILD

FUSE LADDER

The Fuse Ladder was created by Pilates teacher Mariska Breland and her business partner Roxanna Hakimi as the perfect apparatus for everyone from professional athletes to wheelchair warriors. It combines the Pilates tower, Ped-o-Pull and stall bars to create endless movement opportunities. In fact, it's the most versatile strength, flexibility, and balance training apparatus on the market today. Its sleek design fits seamlessly into any home gym or studio setting. The Fuse Ladder is less expensive than most Pilates reformers, and is arguably as, or more versatile. Plus, it's an amazing space-saver, taking up just inches of floor space and allowing the same room to be used for mat, chair, or props classes.

Two top hanging bars are perfect for pull-ups with multiple grip options, and the Ladder can be used with or without its quick-adjust springs and padded backboard. And, its newest iteration offers one Ladder with two heights. Simply remove the lower section if your ceiling height is what has been holding you back from adding this powerhouse to your home or studio. Plus, an optional push-through bar set that can attach at a dozen different heights opens up even more exercises.

The Fuse Ladder offers a fun and challenging workout combining spring resistance exercises like regular Pilates, but with climbing, hanging, agility, mobility, and balance challenges to take it to a new level. The upper eyelets can be used in conjunction with Suspension Trainers. It also comes with a trial of a growing workout website, featuring classes from top teachers in everything from high intensity interval training to yoga, from barre to Pilates.

FUSE LADDER IN MOTION

FEATURES

- 1 x Roll Down Bar
- 1 x Padded Back Board which hooks onto the ladder
- 2 pairs of Sliding Spring Eyelets
- 5 x Fixed Eyelets
- 2 x 47cm Extra Light Short Springs (yellow)
- 2 x 64cm Light Long Springs (purple)
- 2 x 64cm Medium Long Springs (red)
- 1 x pair of Hand/Foot Straps with double d rings and metal clips
- 1 x moveable padded wrung wrap
- 1 x pair of Handles
- Optional extra: Fuse Ladder Swing through bar (Fuse Ladder II only)

DIMENSIONS OF THE LADDER

74CM (WIDE) X 216CM (HIGH) OR 216CM (HIGH) X 49CM (DEEP)
Please note: Limited assembly required and fixings not included.

PRODUCT SHOWN IS THE 2020 FUSE LADDER

DIMENSIONS	TYPE	CODE
237CM (H) X 80CM X (W) X 49CM (D)	FUSE LADDER	FUSELADDER2
VARIES	SWING THROUGH BAR	FUSESWINGTHRU

BARRELS, BOXES & ARCS

All our barrels and arcs are made from custom formed marine ply that creates the strongest possible arcs. Like our boxes, these are then covered with hi-memory eva foam for comfort & abrasion-resistant vinyl upholstery to ensure a long life. All our barrels and boxes use real maple veneer and are fully finished inside as well as outside.

MODULAR STEP BARREL & ARC

The Modular Step barrel adds extensively to the core functionality of the traditional Step barrel, which has long been known to help improve posture by lengthening and strengthening the back , feet and shoulder muscles. The Modular Step barrel slots conveniently over the shoulder rests of all of our reformers, so that it can be used on the reformer as well as on the floor. For floor use our step features an anti-slip base, and can be used with our standard 32" maple pole (not included) for extra exercise possibilities! The arc is also removable (as well as locking in place) so this can be used independently, offering an alternative curvature to our regular stacking arc. Finally, this step barrel includes 3 eyelets on each side for use with resistance bands for resistance exercises to further extend the functionality of this diverse piece of apparatus.

OPTIONAL EXTRAS

- 32" Maple Roll Up Pole
- Resistance Bands

DIMENSIONS	CODE
79CM [L] X 48CM [W] X 34CM [H] 13KG	PAPSTEP3

STACKING ARC BARREL

Arc barrels are great for adding an extra dimension to mat work classes, offering various workout possibilities that help to improve the posture, lengthen and strengthen the back, feet and shoulder muscles.

DIMENSIONS	CODE
60CM (L) X 55CM (W) X 19.5CM (H) 7KG	PAPARCST

PRO SITTING BOX

Sitting boxes make many seated exercises more comfortable and make additional exercises possible on your reformer.

DIMENSIONS	CODE
70CM (L) X 40CM (W) X 28CM (H) 9KG	PAPBOX

FRAME SITTING BOX

The Frame Sitting Box is a little smaller than our other sitting box making it the ideal length for the earlier C-Series, F-Series and H1 Reformer carriages. The frame box does everything a normal sitting box does at a fraction of the cost! The box is the same height as the C1 & 2*-Series Reformers and so can be used as a Moon box alongside this reformer in low leg configuration. Available as Pre-Built or Flatpack.

DIMENSIONS	TYPE	CODE
66CM (L) X 38CM (W) X 25CM (H) 7KG	FLAT PACK	PAPBOXM
66CM (L) X 38CM (W) X 25CM (H) 7KG	PRE-BUILT	PAPBOXMBUILT

REFORMER ACCESSORIES

A-SERIES CARDIO JUMP DOME

The Cardio Jump Dome merges a traditional reformer jump board with a balance dome to provide a cushioned landing surface when preforming jump board exercises on the reformer. This allows users to do extended plyometric activity on the reformer without discomfort. The jump dome also allows for high energy aerobic workouts with very low-impact on the body which adds new exercise possibilities. The Cardio Jump dome fits all A series reformers.

DIMENSIONS	CODE
WORKS WITH ALL A SERIES REFORMERS	PAPJUMPDOME

PLANK HANDLES

Planking Handles can be used with everyone, from your rehab clients to athletes. Great for plank based exercises, the handles also offer much more; by turning the handles at right angles to the foot bar it creates an ideal position for when you are working with clients suffering with carpal tunnel syndrome, RSI, arthritis, or difficulty being able to weight bear for any length of the time on the foot bar. This alternative position can reduce the pressure through the wrists reducing discomfort and pain. When rotated externally, the handle acts like an extended foot bar. This allows better postural alignment in exercises which are off set to the reformer such as scooter. They can also act as a wider foot bar for larger clients be it hands on bar or, feet on bar, or act as a stability point for standing rehab-based exercises.

These Planking Handles are a great addition to any C, A2/A8, H or F-Series Align-Pilates Reformer, or Combo Pilates Chair. The Planking Handles are rotatable so they can face in four different directions and they can lock at 4 different heights in each of the directions, offering a total of 16 different positions.

DIMENSIONS	CODE
COMPATIBLE WITH A, C. F & H SERIES REFORMERS	PAPPLANKH

GONDOLA AND ROLL UP POLES

Gondola Poles are used for aiding balance when performing standing work on the Reformer and therefore have anti-slip rubber end caps, to provide a firm grip on the floor. Roll Up Poles are used to aid alignment, for arm work and to increase the focus on scapular stabilization. Made from solid maple with laser engraved Align-Pilates logo.

DIMENSIONS	TYPE	CODE
152CM / 60"	GONDOLA POLE	PAPPOLE60
81CM/32"	ROLL UP POLE	PAPPOLE32

ROTATIONAL DISKS (PAIR)

Rotational Disks are used to develop balance and strength through rotation whilst standing or sitting. Made from high quality 18mm marine ply with maple veneer, the rotational disks have three transparent anti-slip strips on the top and two anti-slip pads on the bottom to prevent them sliding on the floor. These discs are also great for dancers, to help improve turnout as well as strengthen and maintain their turnout, safely! They can also be used for injury rehabilitation under the guidance of a physiotherapist or certified professional.

DIMENSIONS	CODE
30CM/12" DIAMETER. SOLD IN PAIRS	PAPROTATION

NECK PILLOW

The Align-Pilates Neck Pillow fits neatly on to any reformer head rest to create a soft cushioned support for the head and neck.
Clients love them!

DIMENSIONS	CODE
27CM (L) X 15CM (W) X 8.5CM (H) 0.3KG	PAPNECKPAD

C SERIES FRESTANDING LEGS

Adapt your C2 Pro-RC or C8-Pro Pilates reformer to freestand without with these simple to attach locking legs

Note: this is not required if you have Leg extensions. Does not work with C1 and non RC C2-Pro Reformers or the C8-S.

PRODUCT	CODE
FREE STANDING LEGS	PAPCFREELEGS

EXTENSION STRAPS FOR 1/2 CADILLAC

PRODUCT	CODE
EXTENSION STRAP 80CM LONG (PAIR)	PAPEXTENSION

SILENT FOOT STRAP WITH FLUFFY

PRODUCT	CODE
SILENT FOOT STRAP WITH FLUFFY	PAPFOOTSTRAP

ANKLE STRAPS (PAIR)

PRODUCT	CODE
ANKLE STRAPS (PAIR)	PAPANKLE

CARRIAGE PROTECTORS

Carriage protectors add an extra 6mm of cushioning to your carriage for extra comfort whilst protecting your upholstery. They also add a little colour to your studio. The carriage protectors are made for an exact fit, so will not work with other brands. Use either way up for colour and pattern variation.

FOR	COLOUR	CODE
A SERIES	AUBERGINE / GREY OR BLUE / GREY	PAPA2TOPPER
C2*/ C8-PRO	AUBERGINE / GREY OR BLUE / GREY	PAPC2TOPPER

PERFORMANCE WHEELS

Spare wheels are available for all our reformers, the most popular of which are listed below. Note manny of these wheels have been dramatically improved on later generation but are compatible with their earlier versions

FOR USE ON	CODE
A2 REFORMER (ALL VERSIONS)	PAPWHEELA2S
C1 & C2 REFORMERS	PAPWHEELC2S
C8 & A8 REFORMERS	PAPWHEELCA8
H & F REFORMERS	PAPWHEELF1

Note: wheels sold individually.

LOOP STRAPS (PAIR)

PRODUCT	CODE
DOUBLE LOOP SILENT STRAP (PAIR)	PAPSTRAPDLS
DOUBLE RING FOOT/HANDLE STRAP (PAIR)	PAPSTRAP

PADDED HANDLES (PAIR)

PRODUCT	CODE
PADDED HANDLES (PAIR)	PAPHANDLE

TPE ANTI-SLIP PADS

Introducing the all new anti-slip pad to help prevent slipping on Pilates Reformers & equipment. Can be used to hold a mat on a Ladder Barrel or arc when extra padding is wanted. Made from TPE which is recyclable and degradable.

DIMENSIONS	COLOUR	CODE
42CM X 29CM X 4MM	AUB/GREY	PAPANTISLIPTPE-AUBGRY
42CM X 29CM X 4MM	DARK BLUE/GREY	PAPANTISLIPTPE-BLUGRY
42CM X 29CM X 4MM	PURPLE/GREY	PAPANTISLIPTPE-PURGRY

ANTI-SLIP PADS

Anti-Slip pad for use on Pilates apparatus to prevent slipping. Also useful to hold a mat on a Ladder Barrel or arc when extra padding is wanted. Phthalate Free PVC.

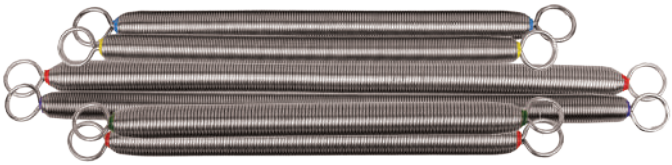
DIMENSIONS	COLOUR	CODE
40CM X 30CM X 3MM	BLACK	PAPANTISLIP-BLK
40CM X 30CM X 3MM	RED	PAPANTISLIP-RED

ACCESSORIES & SPARES

Fine tune your reformer and Pilates studio with extra accessories including carriage protectors, neck pillows, replacement ropes, straps, springs or handles as well as gondola or roll up poles.

UNIVERSAL SPRINGS

Our springs are made from top quality nickel plated Music Wire. Springs are standardized on all Align-Pilates equipment, except the Combo Chair.



REFORMER/HALF CADILLAC	CODE
47CM - VERY LIGHT (VL)	PAPSPRINGSVLIGHT
47CM - LIGHT (L)	PAPSPRINGSLIGHT
47CM - MEDIUM (M)	PAPSPRINGSMED
47CM - STRONG (S)	PAPSPRINGSSTRONG
64CM - VERY LIGHT / LIGHT / STRONG	PAPSPRINGL

CHAIR/TRAPEZE	CODE
47CM STRONG	PAPSPRINGCHS
47CM X-STRONG	PAPSPRINGCHXS

SPRING SUPPORT FOR V. LIGHT SPRING

Spring Cover designed to support the very light spring for those wishing to use this on a reformer. A bundle is available including very light spring, supported cover and identification nut.

FOR USE WITH	CODE
ANY REFORMER WITH A LIGHT/ V. LIGHT SPRING	PAPSPRINGCOVERS
LIGHT SPRING BUNDLE	PAPSPRINGBUNDLE

UNIVERSAL REFORMER ROPES

Our whipped reformer ropes are black to avoid showing dirt and are sold in pairs. Choose from the new "silent" design, which has an enlarged eyelet in the rope but no noisy metal hardware (for use with silent handles only) or, traditional ropes with dog clips. Both are suitable for any reformer using a rope of 2.8m or less and are sold in pairs.

MODEL	TYPE	CODE
F*,H*,C1 & C2,M*	METAL CLIPS	PAPROPESBLK
F*,H*,C1 & C2,M*	SILENT (NO CLIPS)	PAPROPESBLKS
C8-PRO, C8-S	SILENT (NO CLIPS)	PAPROPESCRC
A8-PRO	SILENT (NO CLIPS)	PAPROPESA8RC

PRO ROPE ADJUSTERS

Quickly and easily adjust or install your ropes with the addition of these Pro Rope Adjusters. Note these are included on the M8, C8* & the A8-Pro. Not compatible with F & H Reformers.

COMPATIBILITY	TYPE	CODE
A2R / A2RII / C*PRO	METAL	PAPROPECTRL

SILENT ROPE PULLEY

The Align-Pilates Silent Rope Pulley and Spring are the latest development in our quest for a totally silent Pilates reformer! Our patented design ensures complete silence from the pulley spring and eyelet, regardless of the angle the pulley moves. The silent rope pulley can be retrofitted to any Align-Pilates reformer though the silent pulleys have been standard on all Align-Pilates commercial reformers manufactured since 2018. Along with our silent ropes, silent handles,silent foot strap and performance wheels this is an excellent retro fit performance enhancement for your Align-Pilates reformer!

FOR	CODE
ANY A2/C/F/H SERIES REFORMER	PAPPULLEYSIL

MATWORK ACCESSORIES

We now have a fantastic selection of professional quality matwork accessories to complete your Pilates Studio with!

ALIGN-PILATES STEEL RING 12 OR 14"

Rings are commonly used in Pilates to add intensity to floor exercises. The ring's resistance speeds up toning by targeting specific muscles. Especially useful in problem areas like the inner and outer thighs, upper arms, the chest and even the pelvic muscles. The Pro edition Pilates Isotoners from Align-Pilates feature the classic double handle design and quality sprung steel rings. Available in 12" or 14".

DIMENSIONS	CODE
12"Ø	PAPRING12
14"Ø	PAPRING14

PADDED PILATES RING - DOUBLE HANDLE

Lightweight double handled Pilates isotoner, with foam padded fibre glass ring for extra comfort. This 14" ring offers slightly lighter resistance than the Align-Pilates Steel Isotoner ring (above), but this has been a best seller for many years.

DIMENSIONS	CODE
14"Ø DOUBLE HANDLE FIBRE GLASS	PAPRING14L

SOFT WEIGHTS

Soft weights are designed for strengthening, plyometrics, balance training and mobilisation exercises. In addition to offering a more fluid range of motion to using a standard dumbbell, the soft weight design is safer, reducing the risk of damage or injury if dropped. The shape also helps to promote the development of functional grip strength.

PVC OUTER SHELL WITH IRON SAND FILLING.

DIMENSIONS	COLOUR	CODE
2 X 0.5KG. 10CMØ	GRAPHITE	PAPSOFT1
2 X 1KG. 10CMØ	GRAPHITE	PAPSOFT2
2 X 1.5KG. 10CMØ	GRAPHITE	PAPSOFT3

7" & 9" EXER-SOFT BALLS

The Align-Pilates soft Pilates ball is perfect for matwork, and use on a Pilates reformer and apparatus or part of physiotherapy and rehabilitation routine. It helps to target and strengthen smaller muscle groups, perfect for pelvic floor exercises, as well as deep core muscles. It can also help to develop endurance, concentration, and coordination. This softball, also known as an over ball, is anti-slip which provides excellent grip. These balls are super popular for adding variation and interest for clients as well as providing support and gentle resistance.

DINP PVC. FACTORY TESTED AS BURST RESISTANT AT 100KG.

DIMENSIONS	COLOUR	CODE
18CM (7")Ø	PURPLE	PAPEXBALL7
23CM (9")Ø	LIGHT BLUE	PAPEXBALL9

PILATES BLOCKS

We have a selection of varying sized blocks which are a useful prop in every Pilates studio. The smallest is generally used as a head block, or for very small adjustments, the mid-size has a variety of edges for different purposes, and the largest block is ideal for use as a sitting block to level the pelvis. First Grade EVA foam.

MATERIAL: CLOSED CELL. WIPE CLEAN EVA FOAM.

DIMENSIONS	CODE
1" X 6" X 9" BLOCK	PAPBLOCK169
3" X 6" X 9" BLOCK	PAPBLOCK369
2" X 10" X 13" BLOCK	PAPBLOCK21013

ALIGN-PILATES STUDIO MAT 10MM

Align-Pilates Studio Mat prefectly balances size and weight offering excellent cushioning and memory . Available without eyelets in 10mm and with eyelets in 10mm or 15mm. Made from 100% degradable TPE. Impermeable and hygienic; PVC & LATEX Free.

DIMENSIONS	COLOUR	CODE
NO EYELET 180CM X 60CM X 10MM	GRAPHITE	PAPMAT10
EYELET 180CM X 60CM X 10MM	GRAPHITE	PAPMAT10EYE

EXERCISE MAT RACK

Adjustable Mat Rack available for use with Eyelet Mats like the Align-Pilates studio mat, the club aerobic & core fitness mats. Can be used with mats with eyelets 36cm to 51cm apart. Min. hole diameter is 1.95cm.

CODE
FMATRACK20

TAVI NOIR

APPAREL

Prepare to enter a new world of design-meets-function, and luxury-meets-performance.

We exist in a realm where ordinary has no place, because only the highest performing pieces make the cut. It's time... The workout wardrobe you've only dreamt of has finally arrived. The-Mad-Group are the exclusive distributors of Tavi Noir in the UK, Ireland, Benelux & Greece. Interested in becoming a Tavi Noir stockist? Get in touch!

T: 01386 425 928 | sales@mad-hq.com

Cozy Sweater - Sandstone

Stash + dash 7/8 - Wisteria

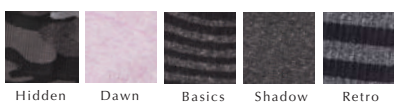
Studio Bra - Ebony

TAVI NOIR

We make it our mission to continually create mini "works of art" so each pair of socks can be as unique and beautiful as you.

Grip Core Colours

Ebony Onyx Sapphire Haze Classic



Hidden Dawn Basics Shadow Retro

Penny

Lola Eyelet

Chloe Sown

Kai

Emma

Jess

Savvy

Maddie

Please note: this is only a small selection of what we stock.
To see the full range, contact us for a Tavi Noir Apparel brochure.

toesox®

THE SOCK THAT CHANGED THE GAME™

When we created a sock with 5 toes, people asked why. Then they tried them — and they never went back to a regular grip sock again. The ToeSox 5 toe design means your feet stay anchored in place with no bunching or twisting, so you can stand strong and forget about slipping. That means better performance for a better workout. What's more, no other sock comes close to our durability, our quality or the eco-consciousness of our fabrics. Game changer? You bet.

Interested in becoming a ToeSox stockist? Get in touch!

T: 01386 425 928 | sales@mad-hq.com

THE GRIP COLLECTION

We've got nothing but love for this Spring Collection that seamlessly brings fun, good vibes and a promise to our planet together. All grip styles available in full toe and half toe. Perfect for barre, dance, Pilates, yoga and all barefoot activities.

Grip Core Colours

Heather Navy | Heather Purple | Echo | Ballet Pink | Nude | Oatmeal | Heather Grey | Charcoal Grey | Static | Black

Bellarina | Ankle | Elle | Low Rise | Mia | Luna

GRIP + TRAINING GLOVES

Half finger style lets fingers feel and grip surface — Strategically placed grip pattern for improved hold.

Finger pull tab for easy on and off — Window opening on top for added breathablity.

Grip - Light Purple | Training - Black

LEG WARMERS

Leg Warmer - Black | Thigh Warmer - Grey

BASE 33

GRIP

GRIP GLOVE

Please note: this is only a small selection of what we stock.

To see the full range, contact us for a ToeSox/Base 33 brochure.

PILATES TEACHER OR STUDIO OWNER?

GET DISCOUNTS ON A HUGE RANGE OF PILATES, YOGA AND FITNESS ACCESSORIES WITH ONE OF OUR TRADE ACCOUNTS - VISIT OUR WEBSITE FOR DETAILS.

STUDIO BOOKLET

CHECK OUT ALIGN-PILATES STUDIOS FROM AROUND THE WORLD.

INT'L DISTRIBUTORS

LOOKING FOR AN ALIGN-PILATES DISTRIBUTOR NEAR YOU? CHECK OUT OUR DISTRIBUTORS ONLINE.

ALIGN-PILATES EVENTS

SEE WHERE WE WILL BE EXHIBITING NEAR YOU SO YOU CAN TRY THE EQUIPMENT FOR YOURSELF.

ALIGN-PILATES VIDEOS

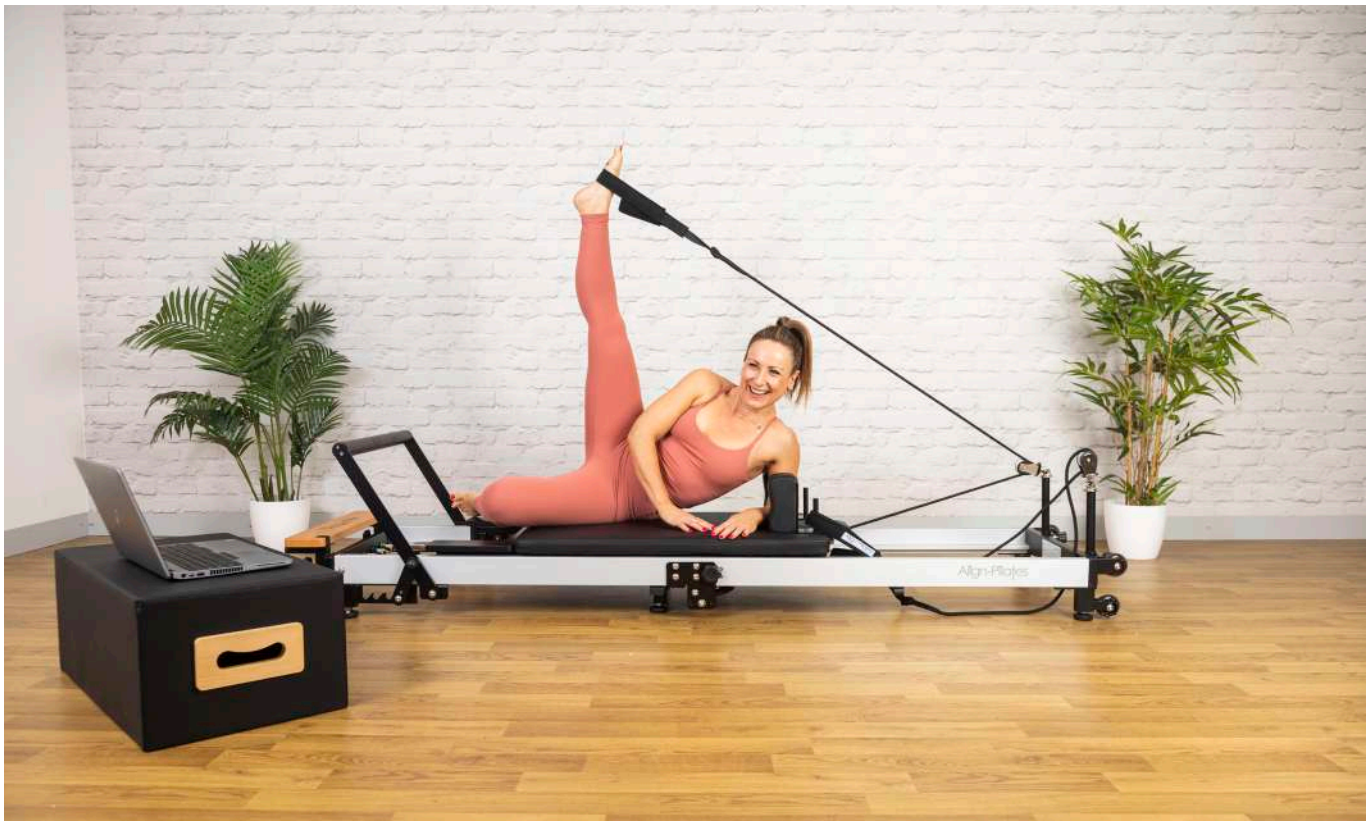
FOR A RANGE OF HOW-TO VIDEOS AS WELL AS SOME ONLINE CLASSES FOR HOME USERS PLEASE VISIT OUR YOUTUBE CHANNEL

FOLLOW US

@align_pilates_uk

@alignpilateshq

@alignpilates_hq



0% INTEREST FREE CREDIT IS NOW AVAILABLE IN THE UK , LEARN MORE ONLINE: **align-pilates.com/interest-free-finance**

ALIGN-PILATES.COM

ALIGN-PILATES is a registered Trademark of ALIGN-PILATES EQUIPMENT LTD in a number of countries or regions. For details of this and other intellectual property rights please visit https://align-pilates.com/resources/patents-intellectual-property/

ALIGN-PILATES EQUIPMENT Ltd, 430 Enterprise Way, Vale Park, Evesham, Worcs WR11 1AD. UK Tel +44 1386 425 920. Fax +44 1386 424 535.
sales@align-pilates.com
Registered in England No. 09206328. EORI GB164182414000
In the UK Align-Pilates products are fulfilled by The Mad Group (HQ) Ltd on behalf of Align-Pilates Equipment Ltd.